



Exercise and Nutrition Science

Lipscomb University is offering a unique program to train professionals with a holistic approach to empowering healthy living and disease prevention. This program is inspired by the growing demand of health awareness in both exercise physiology and nutrition.

Innovative Program

Lipscomb University's long standing academic tradition and innovative approach to serving the community influences the development of this unique program. The M.S. in Exercise and Nutrition Science is a 32-36 hour program that will give you both classroom and hands on opportunities to enhance your educational experience. The program offers a practicum or thesis option for you to meet your academic and professional needs.

Career Opportunities

The M.S. in Exercise and Nutrition Science is different from any other program in the southeastern United States. Professionals with these diversified skill sets in exercise physiology and nutrition are in high demand in today's market. This program focuses on these two disciplines offering multiple career paths for you including pursuing registration as a dietitian, certification as a clinical, applied exercise physiologist, personal trainer or manager of a clinical rehab facility.

Program Flexibility

This program is designed to meet your professional needs. As a student you will be able to select your academic track to meet your career goals. The program has four core courses with diverse options of elective coursework. The academic design also enables students to select electives across disciplines such as Psychology and Business. Students also have the option of choosing a thesis track or practicum for the M.S. in Exercise and Nutrition Science. This program provides opportunities for extensive research in the wellness or nutrition areas or working with local organizations.

Location

Lipscomb University is located just south of downtown Nashville, TN offering access to a large number of healthcare facilities and multiple fitness and wellness centers across Middle Tennessee. Our graduate faculty in the Exercise and Nutrition Science program utilize these facilities and network with these industry leaders to enhance your educational experience and career opportunities.

Community Outreach

Lipscomb University is a faith-based institution that values opportunities to give back to society. You will be utilizing skills taught in the classroom to serve the community. You will be engaging in opportunities on campus to raise awareness about wellness and disease prevention by administering fitness tests, fitness training and nutritional guidance. Graduate students will also be working with local healthcare facilities and wellness centers to gain additional professional experience.

Contact Us

To learn more about the graduate exercise science and nutrition program, application information, and financial aid, please contact us at **615.966.5922** or **1.800.333.4358, ext 5922** or check out <http://exns.lipscomb.edu>. Prospective graduate students are always welcome to visit our campus. If you are interested in scheduling a faculty appointment or observing graduate classes, please contact us. Information sessions are also schedule throughout the year; for details visit <http://gradstudies.lipscomb.edu>.

Application Information

The Exercise and Nutrition Science program will be accepting graduate applications until August 1st for the fall 2009 class. A complete application includes: graduate application, application fee of \$50, official transcripts, professional resume, two references and standardized test scores (GRE). Applications and admission requirements are available online at <http://exns.lipscomb.edu>.

DEGREE OFFERED

Master of Science in Exercise and Nutrition Science

The M.S. in Exercise and Nutrition Science is a 32-36 hour program designed with a unique combination of two disciplines: exercise physiology and nutrition. The program offers a holistic approach to healthful living, therefore, opening multiple career opportunities for students interested in promoting wellness.

This particular program is developed for students with an undergraduate exercise science or nutrition degree. It is also valuable for dietitians who wish to gain certification in exercise science or exercise scientists who wish to pursue registration as dietitians. Students from other backgrounds who seek a new career path in exercise science and nutrition may also find this program valuable.

